

THE WISCONSIN TRACK & FIELD ASSOCIATION STATE INDOOR CHAMPIONSHIPS

HOSTED BY THE UNIVERSITY OF WISCONSIN-WHITEWATER
SATURDAY, APRIL 6th, 2019

- FUTURE DATES** Saturday, April 4th, 2020
Saturday, April 3rd, 2021
- ELIGIBILITY** Open to ALL Wisconsin High School teams that meet the entry requirements. Team scores will be kept.
- WEBSITE** The official meet website is www.warhawktrack.com/wtfa.htm
- ENTRY INFORMATION** **Online:** www.directathletics.com
Technical Support for online entries: support@directathletics.com
Questions regarding the meet: trackmeet@uw.edu
Entry Deadline: Thursday, April 4th, 2019 at 12:00pm
- ENTRY LIMITS** **Qualifying Standards:**
[BOY'S QUALIFYING STANDARDS \(click here\)](#)
[GIRL'S QUALIFYING STANDARDS \(click here\)](#)
Please check the qualifying standards located on the meet website and ensure your athletes meet or exceed these standards based on your honest prediction. There will be no limits on entries as long as they meet the standards.
Relay Entries: Only one entry per school allowed. Please enter relay members during online registration.
Wheelchair Entries: Please contact trackmeet@uw.edu to enter your wheelchair athletes prior to the entry deadline.
- ENTRY FEE** \$150 per gender/\$300 per combined team. \$25 per individual athlete.
Entry fees will be paid prior to online registration at www.directathletics.com. This will be the only method of paying your entry fee for the meet and your entries will not be accepted until payment is processed. **Your entry fee will be charged based on your ENTRIES! There will be no refunds for no shows! Coaches should not pay their entry fee until their entries are completed. No changes can be made after payment is submitted.**
- HEAT SHEETS** Heat sheets will be emailed to all head coaches and posted on www.warhawktrack.com/wtfa.htm by Friday, April 6th, 2018. The coaches will be SOLELY responsible for accurately entering their athletes. Coaches should view the performance list on DirectAthletics as well as double-check your own entries. It is recommended that coaches email themselves a receipt of their entries.
- LATE ENTRIES** **SUBSTITUTIONS – INDIVIDUAL:** Will be accepted the day of the meet with approval from the meet director (at the finish line timing area).
SUBSTITUTIONS – RELAY MEMBERS: No approval needed. Please complete a new relay card at the clerking table.
ADDITIONS – INDIVIDUAL RUNNING EVENTS/RELAYS: A \$50 fee per addition will be charged. Additions will be permitted if there are available lanes ONLY. There will be no re-seeding of events or adding additional heats to accommodate late entries.
ADDITIONS – FIELD EVENTS: A \$50 fee per addition will be charged. Additions will be placed in flights at the discretion of the meet director.
- TRACK** The track is a 200 meter, 6 lane (8 lanes for 55m dash/hurdles) Beynon BSS 1000 with a Hobart Encapsulated surface. All races will utilize the FinishLynx Automatic timing system. Results will be displayed on the scoreboard and posted in the facility. There will only be LIMITED areas on the track for warm-ups.
- CHECK-IN** Please pick up hip-numbers at the clerking area located under the records board at the Northwest corner of the track. You **MUST** bring your spikes to be checked in order to obtain your hip numbers. Check-in will take place at the start line for each event. Check-in for field events will take place at each field event.
- TEAM AREA** The team camp will be available in Gym 4 (volleyball gym). No team camps will be allowed in the indoor track. Hurdles will be available for practice. Please do not remove hurdles from the team area. **SPIKES ARE NOT ALLOWED IN THE TEAM AREA!**
- SPIKES** 1/4" exposed Pyramid spikes only!!! Spikes will be checked at the clerking area! Please do not abuse this rule. See detailed information below.

LONG JUMP

Located outside the track on the curve on the North side of the field house. Distance from takeoff board to pit is 10 feet. Approach is approximately 130 ft. Open pit will be used with a time frame established after all entries have been received. The 9 best performances will advance to the finals.

TRIPLE JUMP

Located outside the track on the straight on the West side of the field house. Distances from the take-off board is 24, 28, 32, 36 & 40 feet. Unlimited approach. Open pit will be used with a time frame established after all entries have been received. The 9 best performances will advance to the finals.

HIGH JUMP

On the infield. Unlimited approach. Please be courteous and remove your tape marks following the competition. Starting heights and progressions will be established after all entries have been received.

POLE VAULT

Located on the outside of the track on the curve along the South side of the field house. Approach is approximately 120 feet. Pole vault weight verification forms can be downloaded from the meet website. Forms should be turned in at the pole vault area. Starting heights and progressions will be established after all entries have been received.

SHOT PUT

On the infield. Throwing circle is wood. Weigh-ins will take place at the North throwing ring on the following schedule: Morning session weigh-in will be from 8:15AM-9:15AM. Afternoon session weigh-in will be from 3:15PM-4:15PM.

LOCKER ROOM

Locker rooms and showers are located in the Williams Center (connected to Kachel Fieldhouse). Use the general locker room. Please provide your own locks and towels. No items should be left unattended in the locker rooms.

TRAINING ROOM

Trainers and complete treatment facilities are available in the training room facing the track area.

AWARDS

Awards will be given to the top 6 individuals and relay teams. The awards presentation for each event will take place following then finals of each event. Please inform your athletes to not leave the event area following the conclusion of the event. An "Event Staff" member will escort the top 6 individuals to the awards area. Awards will also be given to the "Most Valuable Athlete" of the meet and to team champions.

WTFA SCHEDULE OF EVENTS

The times listed below were used in the 2018 meet. The schedule will be updated after entries close.

FIELD EVENTS		
BOY'S SESSION		GIRL'S SESSION
Start Time	Event	Start Time
9:30am (4 flights)	Shot Put	4:30pm (4 flights)
9:30am (1 flight)	Pole Vault	4:30pm (1 flight)
9:30am (1 flight)	High Jump	4:30pm (1 flight)
9:30am (1 flight)	Long Jump	4:30pm (1 flight)
10:30am (1 flight)	Triple Jump	5:30pm (1 flight)

The schedule below is fixed, we will not run ahead

TRACK EVENTS		
BOY'S SESSION		GIRL'S SESSION
Start Time	Event	Start Time
9:30am (11 heats)	55m Dash Preliminaries	4:30pm (12 heats)
10:05am (11 heats)	400m Dash Finals	5:10pm (11 heats)
10:50am (6 heats)	55m Hurdle Semi-Finals	5:50pm (7 heats)
11:10am (3 heats)	55m Dash Semi-Finals	6:15pm (3 heats)
11:20am (6 heats)	1600m Run Finals	6:25pm (4 heats)
12:10pm (7 heats)	4x200m Relay Finals	7:05pm (7 heats)
12:40pm (6 heats)	800m Run Finals	7:35pm (11 heats)
1:10pm (1 heat)	55m Hurdle Finals	8:30pm (1 heat)
1:20pm (1 heat)	55m Dash Finals	8:40pm (1 heat)
1:30pm (7 heats)	4x400m Relay Finals	8:50pm (7 heats)
2:05pm	Conclusion of running events	9:40pm

SPIKES

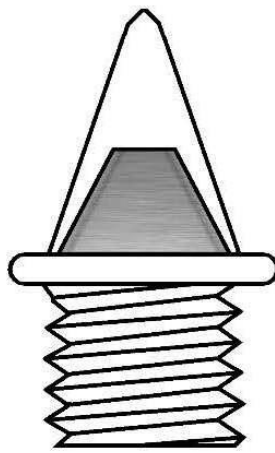
The only spike allowed on our Track facility is the ¼" pyramid spike.

ATHLETES WILL NOT RUN IF THEY DO NOT COMPLY WITH THIS RULE.

Spikes must be checked prior to the start of your race. Anyone found using any spikes other than ¼" Pyramid Spikes will be disqualified.



NO
Christmas
Tree Spike
Pins



1/4"
Pyramid
"Cone Shape"
Only



NO
Needle
Spike
Pins