

**WISCONSIN TRACK & FIELD ASSOCIATION STATE INDOOR CHAMPIONSHIPS
SATURDAY, APRIL 7, 2012**

ELIGIBILITY Open to ALL Wisconsin High School teams. Team scores will be kept. If you have questions, please contact Coach Mike Johnson at johnsonmj03@uww.edu. (262) 472-1367.

WEBSITE The official meet website is www.warhawktrack.com/wtfa.htm

ENTRY FEE \$150 per gender/\$300 per combined team. \$25 per individual athlete.

Make checks payable to "UW-Whitewater Track & Field"

Please mail checks to:

**Mike Johnson
Williams Center #138
Intercollegiate Athletics
800 W. Main St.
Whitewater, WI 53190**

ENTRIES All entries will be submitted on-line. No faxed entries will be accepted. **IMPORTANT! ASPI WILL THE BE ONLY ENTRY SERVICE NOT ATHLETIC.NET IF YOU ENTER ON ATHLETIC.NET YOU WILL BE ENTERING THE WRONG MEET!!!** To receive the link for online sign-up you **MUST** contact Mike Johnson (johnsonmj03@uww.edu) via email. The link will then be sent to you. **This will be the only means to enter the meet**. Please follow the directions and make sure you print out a hard copy for your records after you have declared. **ABSOLUTELY NO ADDITIONS, CHANGES OR SUBSTITUTIONS WILL BE ALLOWED THE DAY OF THE MEET SO PLEASE REVIEW YOUR ENTRIES BEFORE YOU DECLARE YOUR ENTRIES!!! THERE WILL BE NO EXCEPTIONS ALLOWED!!!**

On-line entry is now open and **will close at 12:00pm on Wednesday, April 4th, 2012.**

***You must declare your final roster by clicking on the declare button at the bottom of your entry list. If you wish, this may be done before the deadline. Teams that do not declare will be dropped from the meet.**

ENTRY LIMITS Qualifying Standards: Please check the qualifying standards located on the meet website and ensure your athletes meet or exceed these standards based on your honest prediction

Two (2) entries in the following: 55m Dash, 55m Hurdles, 800m Run, Shot Put.

One (1) entry in the following: 1600m Run, 800m Relay, 400m Dash, 1600m Relay. Long Jump, Triple Jump, High Jump, Pole Vault.

Wildcard Entries: Each team will be allowed three (3) wildcard entries. These may only be used in individual events (not for additional relay teams or the 400m). To submit wildcard card entries, please submit via email the name of your school, the athlete's names, their events you wish to enter them in, and their seed marks. These athletes will be entered by the meet director and not online. However, this must still be submitted before the online entry period closes. Please email these to Mike Johnson (johnsonmj03@uww.edu) ONLY!

PERFORMANCE LIST A performance list will be posted on www.warhawktrack.com/wtfa.htm the evening of Wednesday, April 4th, 2012. Coaches will have until 12:00pm on Thursday, April 5th, 2012 to review the performance list. Once this period ends, entries will be accepted as is and will be seeded as such. It is **THE COACHES RESPONSIBILITY** to notify Mike Johnson (johnsonmj03@uww.edu) if errors are noticed. **THERE WILL ABSOLUTELY BE NO CHANGES OR SUBSTITUTIONS ONCE THIS PERIOD ENDS! NO EXCEPTIONS!!!**

HEAT SHEETS Heat sheets will be posted on www.warhawktrack.com/wtfa.htm by 8:00pm on Thursday, April 5th, 2012.

COACHES MEETING There will be a coaches meeting located in room 183B/C (adjacent to the track). The boy's coaches meeting will take place at 8:45 AM and the girls coaches meeting will take place at 3:45 PM. Important information regarding the meet will be covered at this meeting.

TRACK The track is a 200 meter, 6 lane (8 lanes for 55m dash/hurdles) Beynon BSS 1000 with a Hobart Encapsulated surface. All races will utilize the FinishLynx Automatic timing system. Results will be displayed on the scoreboard and posted in the facility. There will only be LIMITED areas on the track for warm-ups.

CHECK-IN Please pick up hip-numbers at the tent located under the scoreboard. You **MUST** bring your spikes to be checked in order to obtain your hip numbers. Check-in will take place at the start line for each event. Check-in for field events will take place at each field event.

TEAM AREA	The team camp will be available in Gym 4 (volleyball gym). No team camps will be allowed in the indoor track. Hurdles will be available for practice. Please do not remove hurdles from the team area. SPIKES ARE NOT ALLOWED IN THE TEAM AREA!
SPIKES	1/4" exposed Pyramid spikes only!!! Spikes will be checked at the clerking area! Please do not abuse this rule.
LONG JUMP	Located outside the track on the curve on the North side of the field house. Distance from takeoff board to pit is 10 feet. Approach is approximately 130 ft.
TRIPLE JUMP	Located outside the track on the straight on the West side of the field house. Distances from the takeoff board is 36 feet. Unlimited approach.
HIGH JUMP	On the infield. Unlimited approach. Immediate take-off area is same material as the track surface. 1/4" exposed Pyramid Spikes only!!!
POLE VAULT	Located on the outside of the track on the curve along the South side of the field house. Approach is approximately 120 feet.
SHOT & WEIGHT	On the infield. Weigh-in will take place at the desk by the main entrance to the track. Boy's weigh-in will be from 8:15AM-9:15AM. Girl's weigh-in will be from 3:15PM-4:15PM.
LOCKER ROOM	Locker rooms and showers are located in the Williams Center (connected to Kachel Fieldhouse). Use the general locker room. Please provide your own locks and towels. No items should be left unattended in the locker rooms.
TRAINING ROOM	Trainers and complete treatment facilities are available in the training room facing the track area.
AWARDS	Awards will be given to the top 6 individuals and relay teams. The awards presentation for the event will take place following then finals of each event. Please inform your athletes to not leave the event area following the conclusion of the event. An "Event Staff" member will escort the top 6 individuals to the awards area. Awards will also be given to the "Most Valuable Athlete" of the meet and to team champions.