

# THE NELSON/DANIEL CLASSIC

HOSTED BY THE UNIVERSITY OF WISCONSIN-WHITEWATER

FRIDAY, MARCH 15<sup>th</sup>, 2019 (SMALL SCHOOL DIVISION)

SATURDAY, MARCH 16<sup>th</sup>, 2019 (LARGE SCHOOL DIVISION)

- ELIGIBILITY** This meet is by invitation only. Team scores will be kept.
- WEBSITE** The official meet website is [www.warhawktrack.com/nd.htm](http://www.warhawktrack.com/nd.htm)
- ENTRY INFORMATION** **Online:** [www.directathletics.com](http://www.directathletics.com)  
**Technical Support for online entries:** [support@directathletics.com](mailto:support@directathletics.com)  
**Questions regarding the meet:** [trackmeet@uw.edu](mailto:trackmeet@uw.edu)  
**Entry Deadline: Wednesday, March 13, 2019 at 12:00pm**
- ENTRY FEE** \$150 per gender/\$300 per combined team. \$25 per individual athlete.  
Entry fees will be paid prior to online registration at [www.directathletics.com](http://www.directathletics.com). This will be the only method of paying your entry fee for the meet and your entries will not be accepted until payment is processed. **Your entry fee will be charged based on your ENTRIES! There will be no refunds for no shows! Once you have submitted payment, your entries CANNOT be changed.**
- ENTRY LIMITS** **PLEASE SUBMIT HONEST AND REALISTIC SEED PERFORMANCES FOR THIS TIME OF THE SEASON!**  
**Three (3) entries in the following:** 55m Dash, 55m Hurdles, Long Jump, Triple Jump & Shot Put.  
**Two (2) entries in the following:** 800m Run, 1600m Run, High Jump, & Pole Vault.  
**One (1) entry in the following:** 3200m Relay, 800m Relay, 400m Dash & 1600m Relay.  
**3200m Run:** One heat of boys and one heat of girls. Boys qualifying time is 10:45 and Girls qualifying time is 13:30. Please use your best, realistic estimate to avoid embarrassing your athlete. **The 3200m run will NOT count towards team scoring but medals WILL be awarded.**  
**Wheelchair Entries:** Please contact [trackmeet@uw.edu](mailto:trackmeet@uw.edu) to enter your wheelchair athletes prior to the entry deadline.
- HEAT SHEETS** Heat sheets will be posted on [www.warhawktrack.com/nd.htm](http://www.warhawktrack.com/nd.htm) by 8:00pm on Wednesday, March 13<sup>th</sup>, 2019. The coaches will be SOLELY responsible for accurately entering their athletes. Coaches should view the performance list on DirectAthletics as well as double-check your own entries.
- COACHES INFORMATION** There will be no packet pick-up. Coaches will be emailed final instructions to the email address used for registering your entries after the entry deadline.
- TRACK** The track is a 200 meter, 6 lane (8 lanes for 55m dash/hurdles) Beynon BSS 1000 with a Hobart Encapsulated surface. All races will utilize the FinishLynx Automatic timing system. Results will be displayed on the scoreboard and posted in the facility.
- SPIKES** **1/4" exposed Pyramid Spikes only!!! Spikes will be checked at the clerking area!** Please do not abuse this rule. Spikes can be worn in the entire track facility. See detailed information below.
- CHECK-IN** Please pick up hip-numbers at the tent located under the records board at the Northwest corner of the track. You **MUST** bring your spikes to be checked in order to obtain your hip numbers. Check-in will take place at the start line for each event. Check-in for field events will take place at each field event.
- LONG JUMP** Located outside the track on the curve on the North side of the field house. Distance from takeoff board to pit is 10 feet. Approach is approximately 130 ft. 1/4" exposed Pyramid spikes only!!! Open pit will be used with the time limit established after entries have been received. There will be three (3) jumps allowed. Top nine (9) finishers will advance to finals and will be allowed an additional three (3) attempts.
- TRIPLE JUMP** Located outside the track on the straight on the West side of the field house. Distances from the take-off board is 24, 28, 32, 36 & 40 feet. Unlimited approach. 1/4" exposed Pyramid spikes only!!! Open pit will be used with the time limit established after entries have been received. There will be three (3) jumps allowed. Top nine (9) finishers will advance to finals and will be allowed an additional three (3) attempts.
- HIGH JUMP** On the infield. Unlimited approach. Please be courteous and remove your tape marks following the competition. Girl's starting height will be 4' 4" and Boy's starting height will be 5' 4".

**POLE VAULT**

Located on the outside of the track on the curve along the South side of the field house. Approach is approximately 120 feet. Pole vault weight verification forms can be downloaded from the meet website. Forms should be turned in at the pole vault area. Girl’s starting height will be 7’ and Boy’s starting height will be 9’.

**SHOT PUT**

On the infield. Throwing circle is wood. Athletes will be arranged in flights. There will be three (3) attempts allowed. Top nine (9) finishers will advance to finals and will be allowed an additional three (3) attempts. . Weigh-ins will take place at the North throwing ring from 2:30PM – 4:00PM.

**LOCKER ROOM**

Locker rooms and showers are located in the Williams Center (connected to Kachel Fieldhouse). Use the general locker room. Please provide your own locks and towels. No items should be left unattended in the locker rooms.

**TRAINING ROOM**

Trainers and complete treatment facilities are available in the training room facing the track area.

**TEAM AREA**

Areas will be designated in the Volleyball Arena (Gym 4) for team camps. ***ABSOLUTELY NO FOOD OR DRINK ALLOWED ON THE PLAYING SURFACE!!! FOOD AND DRINKS WILL BE ALLOWED ON THE “TARPED” AREAS OF THE GYMNASIUM AND IN THE LOBBY AREAS ON BOTH THE FIRST AND SECOND LEVELS.***

**AWARDS**

Individual medals will be put in envelopes for each school and can be picked up at the conclusion of the meet at the check-in tent. Plaques will be presented at the conclusion of the meet. It is the coach’s responsibility to collect their medals. Medals will not be mailed out following the meet. If a tie occurs, duplicate medals will be sent to your school.

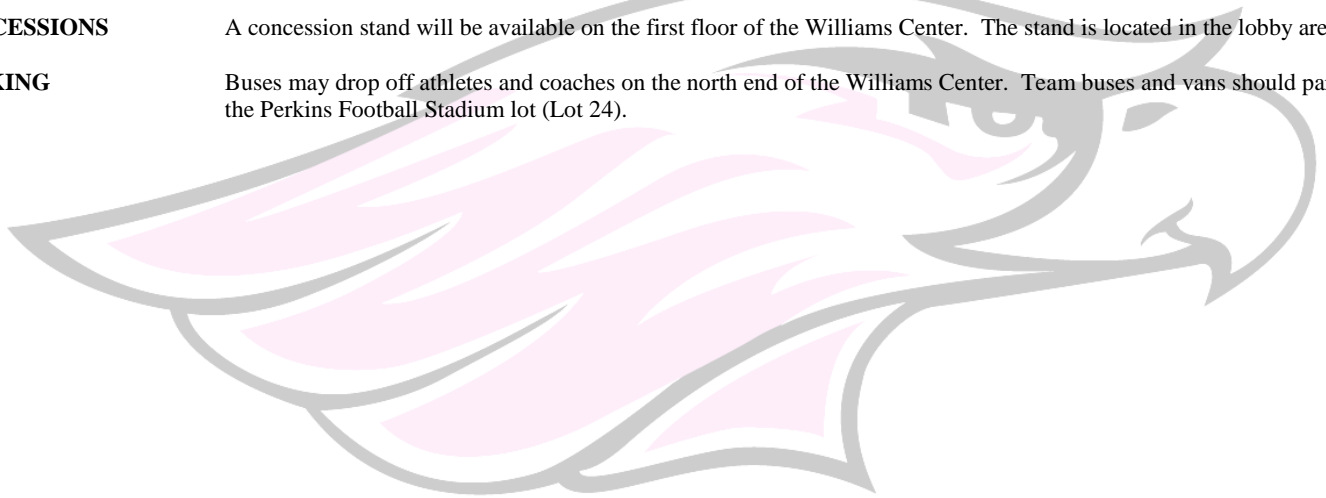
Team Plaques:	Team champion and runner-up in each division.
Individual Plaques:	Top male and female athlete of the meet.
Individual Medals:	Top six in each individual event and top six relay teams.

**CONCESSIONS**

A concession stand will be available on the first floor of the Williams Center. The stand is located in the lobby area.

**PARKING**

Buses may drop off athletes and coaches on the north end of the Williams Center. Team buses and vans should park in the Perkins Football Stadium lot (Lot 24).



# MEET SCHEDULE

**\*the meet schedule below is tentative, and is based off of last year's meet. An updated meet schedule will be distributed after entries close.**

Small School Division	
4:15pm	Girls Pole Vault (Boys to follow)
4:15pm	Girls Long Jump (Boys to follow)
4:15pm	Boys Triple Jump (Girls to follow)
4:15pm	Girls High Jump (Boys to follow)
4:15pm	Girls Shot Put (Boys to follow)
4:15pm	4 x 800m Relay (G, B)
5:05pm	55m Hurdles (Prelims – G, B)
5:40pm	55m Dash (Prelims – G,B)
6:25pm	1,600m Run (G, B)
7:05pm	4 x 200m Relay (G, B)
7:45pm	400m Dash (G, B)
8:25pm	55m Hurdles (Finals – B, G)
8:35pm	55m Dash (Finals – G, B)
8:45pm	800m Run (G, B)
9:40pm	3,200m Run (G, B)
10:10pm	4 x 400m Relay (G, B)

**\*the meet schedule below is tentative, and is based off of last year's meet. An updated meet schedule will be distributed after entries close.**

<b>Large School Division</b>	
9:15am	Girls Pole Vault (Boys to follow)
9:30am	Girls Long Jump (Boys to follow)
9:30am	Boys Triple Jump (Girls to follow)
9:30am	Girls High Jump (Boys to follow)
9:30am	Girls Shot Put (Boys to follow)
9:45am	4 x 800m Relay (G, B)
10:35am	55m Hurdles (Prelims – G, B)
11:00am	55m Dash (Prelims – G,B)
11:35am	1,600m Run (G, B)
12:15pm	4 x 200m Relay (G, B)
12:55pm	400m Dash (G, B)
1:20pm	55m Hurdles (Finals – B, G)
1:30pm	55m Dash (Finals – G, B)
1:40pm	800m Run (G, B)
2:10pm	3,200m Run (G, B)
2:40pm	4 x 400m Relay (G, B)

# SPIKES

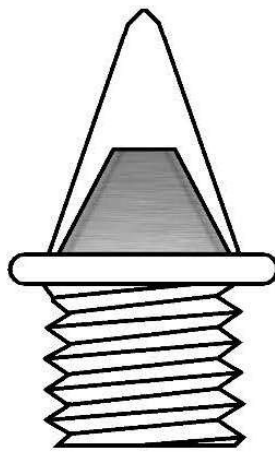
The only spike allowed on our Track facility is the ¼" pyramid spike.

ATHLETES WILL NOT RUN IF THEY DO NOT COMPLY WITH THIS RULE.

Spikes must be checked prior to the start of your race. Anyone found using any spikes other than ¼" Pyramid Spikes will be disqualified.



**NO**  
**Christmas**  
**Tree Spike**  
**Pins**



**1/4"**  
**Pyramid**  
**"Cone Shape"**  
**Only**



**NO**  
**Needle**  
**Spike**  
**Pins**